

## Activities

### "Learn to learn in safe digital environments"

is a 20-hour theatre-based workshop for students to:

- Try out the Forum Theatre (FT) methodology to help students critically engage in digital learning environments and become responsible citizens, avoiding participating in cyberbullying.
- Create FT pieces so they can share their perspective on online learning and digital safety.
- Develop students' skills to recognise and address the risks connected to the use of the Internet.
- Understand students' needs and concerns around the online learning and digital life.

### "Safe and inclusive online learning for primary school students"

is a 10-hour training course for teachers:

- Try out the Forum Theatre (FT) methodology to help students critically engage in digital learning environments and become responsible citizens, avoiding participating in cyberbullying.
- To share and learn new strategies to support, accompany and guide students in the digital environments.
- To detect difficulties of their students in online learning and their causes in order to address them adequately.
- To share and learn the pros and cons of the online platforms in use.
- To improve their digital skills, address Internet risks with special attention to cyberbullying and help children respond to them, and adapt their methodologies so that online education becomes more effective and inclusive

### "Safe and inclusive online learning from home"

is a 10-hour training course for families to:

- To share and learn new strategies to support, accompany and guide their children in the digital environments.
- To detect difficulties of their children in online learning and their causes in order to address them adequately.
- To improve their digital skills, enable them to recognize and address the risks connected to the use of the Internet, with special attention to cyberbullying, and to help children identify and respond to them.

## Find out more about SOPHIE

[www.sophieproject.eu](http://www.sophieproject.eu)



Sophie Project



@sophie\_erasmus

## SOPHIE Partners

la xixa

FEP L'Esperança



INTER-KULTURO



symplexis



INTERORTHODOX CENTRE OF THE CHURCH OF GREECE

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## Fostering safe and inclusive online learning



"SOPHIE – Safe and Inclusive Online Learning in Primary Education" is an Erasmus+ project in the field of school education involving 8 partners in 4 countries: La Xixa (coordinator) and Escola L'Esperança in Spain, Symplexis and the Interorthodox Centre in Greece, CESIE and Istituto Comprensivo Statale Cassarà-Guida in Italy, Inter-kulturo and Os Rudolfa Maistra Sentilj in Slovenia.



## Context

The outbreak of Covid-19 has represented a drastic change in the way schools, students and their families approach education. Once schools shut down, teachers and school staff had to rethink teaching and start using online platforms through which online classes could be taught, homework assigned and carried out.

- However, most teachers did not have enough training to use digital means or were reluctant to adapt their methodologies to online learning.
- Children needed help from their families in order to be able to connect and carry out the required tasks, however, not all families had the knowledge and time to be able to give the needed support.
- Others did not have access to digital devices and the Internet.
- On the other hand, the situation of confinement meant lack of social interaction and participation in leisure activities, with the consequence that children spent much more time using smartphones, tablets, and computers, making more evident and urgent to address children's digital safety and cyberbullying.

## Objectives

SOPHIE aims to tackle early school leaving and foster digital inclusion, resilience and safety among primary school students, by promoting inclusive and safe access to online learning, and actively involving teachers, educators, and families. Its objectives are to provide primary schools (teachers, families and students) with guidelines, tools, and strategies:

To recognize and safely and critically address the risks connected to the use of the Internet, with particular attention to cyberbullying.

To detect difficulties that students might be experiencing in terms of access and in the online learning environment and to address them adequately.

To generate tools for teachers and families to support, accompany, and guide students during their online learning.

## Methodologies

Theatre of the Oppressed

Process Work

Participatory  
Action Research

Applied to Critical media  
literacy and digital  
resilience

## Target Groups

- Teachers
- Students
- Families

## Result

**“Safe and inclusive  
online learning for  
primary school students:  
The SOPHIE handbook  
for schools”**



- An introductory text which provides information on the project and the methodological approach: theatre as a tool to build digital inclusion, competence, safety and resilience in schools.
- A chapter dedicated to identifying (through protocols) and addressing (through innovative strategies, guidelines and recommendations) the challenges determined by online learning in terms of both inclusion and safety.
- A chapter including 12 best practices on digital inclusion and 8 best practices on the use of online learning platforms and online learning environments in primary education.
- A chapter including the learning path and activities carried out by the consortium during the pilot trainings with students, teachers and families.